



LEARN TOGETHER LOWCOUNTRY CLASS SYLLABUS

CLASS NAME Sensory and me

CLASS MOTTO OR VERSE Yet you, Lord, are our Father. We are the clay, you are the potter, we are all the work of your hand. Isaiah 64:8

SEMESTER Spring 2024

INSTRUCTOR Mia Henke

PHONE 406-839-7575

EMAIL mia@learntogetherlowcountry.org

AGE RANGE 4-18 (can accomidate other ages based on discussion with special needs director)

CLASS TIME & LOCATION Fridays 9-12 and 12:30-2:30 in the sensory room

COURSE DESCRIPTION

Sensory and ME is a specialized program of Learn Together Lowcountry. The purpose of this program is to provide support for the learner by offering an alternative space to continue learning at the pace the student is most comfortable with until the student can return to mainstream classroom programming with peers. We strive to provide an inclusive learning environment for students of all abilities. We believe that children are created uniquely by God with a specific purpose, and we aim to provide educational outlets for them to discover their unique skill sets through hands-on learning!

EXPECTATIONS AND ACCOMODATIONS

-Expectations:

1. Fill out special needs form for your student
2. Sign student in and out of sensory room with name, date, and parent phone number.
3. Keep open communication with special needs director to discuss progress, issues, concerns, and specific needs.

-Accommodations:

Accommodations are tailored to the student's individual needs. The special needs director will adjust weekly activities accordingly. This is a space for the student to learn, play, and grow in the way that best suits them!



COURSE OBJECTIVES

1. To explore God's special design of individuality through sensory play
2. To provide support for the learner by offering an alternative learning space that offers the ability to learn at their own pace.
3. To identify and help regulate emotions and feelings by utilizing sensory input and tools that the learner can apply in and out of the classroom.
4. To explore a weekly topic/theme related to emotional regulation.
5. To provide student with tools necessary to return to classroom setting if desired.
6. To instill a sense of pride in God-given special talents and abilities.
7. To reflect on one color weekly from colors of regulation (red, yellow, green, and blue) and which emotion is associated with it.

REQUIRED MATERIALS

Please fill out and return special needs form linked to sensory page on the LTL website. All other needed materials will be provided.



TENTATIVE Course Time Line

WEEK 1 DATE: January 19th, 2024

SUPPLIES: Handprint/footprint cutouts, tape, markers, sensory toys and items used weekly.

NOTES This week we will make classroom introductions, talk about toys, activities, and tools that each learner has available. Color of regulation this week is RED.

TOPIC	OBJECTIVE	BIBLE APP	ACTIVITY
Getting to know each other.	Become familiar with what is available in sensory room	I will instruct you and teach you in the way you should go; I will counsel you with my loving eye on you. Psalm 32:8	Write name on handprint/ footprint cutout and tape to wall; back-to-school sensory bins

WEEK 2 DATE: January 26th, 2024

SUPPLIES: Legos and blocks, sensory toys and items used weekly

NOTES This week we will build a model of our favorite place that makes us feel safe and calm. Color of regulation this week is GREEN.

TOPIC	OBJECTIVE	BIBLE APP	ACTIVITY
Our happy place.	Talk about where we feel safe and calm and why.	“The beloved of the Lord shall dwell in safety by him; and the Lord shall cover him all the day long.”Deuteronomy 33:12	Build model of our favorite place

WEEK 3 DATE: February 2nd, 2024

SUPPLIES: Valentine’s day sensory bin supplies, construction paper, exercise bands, mini trampoline, sensory stepping stones

NOTES This week we will make an obstacle course in the sensory room. Color of regulation is YELLOW.

TOPIC	OBJECTIVE	BIBLE APP	ACTIVITY
Let’s move! How does moving our bodies help to regulate our emotions?	To use physical movement to assist with emotional regulation	“you were bought at a price. Therefore honor God with your bodies.” 1 Corinthians 6:20	Obstacle course; valentine’s day sensory bin



WEEK 4 DATE: February 9th, 2024
SUPPLIES: Valentine's Day sensory bins,
Heart cutouts (construction
paper, scissors, tape).

NOTES Today we will talk about what we love and create a
Valentine's day wall. Color of regulation is BLUE

TOPIC	OBJECTIVE	BIBLE APP	ACTIVITY
What we love	Learn how care for the people and things we love that God entrusted us with.	"A new command I give you: Love one another. As I have loved you, so you must love one another." John 13:34	Valentine's Day wall

WEEK 5 DATE: February 23rd, 2024
SUPPLIES: Speaker, keyboard, sensory
room toys and tools that are
used weekly

NOTES Today we will talk about music and dancing and how different
types can make us feel. Color of regulation today is RED.

TOPIC	OBJECTIVE	BIBLE APP	ACTIVITY
Music and dancing	To work on listening skills through music and dancing	"Praise Him with timbrel and dancing; Praise Him with stringed instruments and pipe." Psalm 150:4	Freeze dance, hokey pokey, playing the keyboard

WEEK 6 DATE: March 1st, 2024
SUPPLIES: Sensory boards (texture board and
fidget board), Sensory bins, weekly
sensory items and toys

NOTES Today we will work on sharing and taking turns. Color of regulation is
GREEN.

TOPIC	OBJECTIVE	BIBLE APP	ACTIVITY
Sharing and taking turns	Learning to share and take turns with our friends while remembering our emotional regulation tools	"Instruct them to do good, to be rich in good works, to be generous and ready to share" 1 Timothy 6:18	Taking turns with sensory boards and sensory bins



WEEK 7 DATE: March 8th, 2024

SUPPLIES: Sensory stepping stones, weekly sensory room toys and tools

NOTES Today we will talk about receiving sensory input through our feet. Color of regulation today is YELLOW.

TOPIC	OBJECTIVE	BIBLE APP	ACTIVITY
Does this feel better on my hands or on my feet?	To learn the best way to receive sensory input when we need it.	“Watch the path of your feet And all your ways will be established.” Proverbs 4:26	Sensory stepping stones. How does each one feel different?

WEEK 8 DATE: March 15th, 2024

SUPPLIES: Water sensory bin, water beads, weekly sensory room tools and toys, bubbles, water-colored material

NOTES Today we will utilize water as sensory input and a calm down tool. color of regulation today is BLUE.

TOPIC	OBJECTIVE	BIBLE APP	ACTIVITY
Using water	Using water as an emotional regulation tool and for sensory input	“And the Spirit of God moved upon the face of the waters.” Genesis 1:2	Water play

WEEK 9 DATE: March 22nd, 2024

SUPPLIES: Calm down corner, lava lamp, weekly tools and supplies, play-doh, pipe cleaners

NOTES Today we will talk about how to calm down and work through our frustrations when we are feeling angry and build a play-doh monster that looks like how we feel when angry. Color of regulation today is RED.

TOPIC	OBJECTIVE	BIBLE APP	ACTIVITY
Anger and frustration	Learning how to go from RED to GREEN. Discuss how it's ok to be angry, but not to take it out on others.	“Be angry and do not sin.” John 8:12	Build anger monsters with play-doh



WEEK 10 DATE: April 5th, 2024

SUPPLIES: Spring/Easter sensory bin supplies, Easter eggs

NOTES Today we will talk about Easter and Spring bringing new life and forgiveness. We can always start over and try again. Color of regulation today is GREEN.

TOPIC	OBJECTIVE	BIBLE APP	ACTIVITY
Second chances and the importance of trying again	To encourage perseverance and second chances.	“For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.” John 3:16	Easter sensory bin, Easter egg memory game

WEEK 11 DATE: April 12th, 2024

SUPPLIES: Red, yellow, blue, and green items, weekly sensory room toys and tools

NOTES This week we will talk about being brave even when we are feeling scared or anxious. We will do a scavenger hunt for items that are a part of our colors of regulation. Color of regulation today is YELLOW.

TOPIC	OBJECTIVE	BIBLE APP	ACTIVITY
Bravery	Finding a way each student can be brave even when they are scared or anxious	“Fear not, for I am with you; be not dismayed, for I am your God.” Isaiah 41:10	Colors of regulation scavenger hunt. How many items of one color can you find in 30 seconds?

WEEK 12 DATE: April 19th, 2024

SUPPLIES: Weekly sensory room tools and toys

NOTES Today we will focus on doing whatever we love to do in the sensory room one last time before summer break and talk about our favorite things that happened this semester. Color of regulation today is BLUE.

TOPIC	OBJECTIVE	BIBLE APP	ACTIVITY
semester review	To discuss what we learned, what we enjoyed, what we did not enjoy, and how we will apply that to our time this summer.	“I am the light of the world.” John 8:12	Whatever student would like to do



Class Name
SENSORY AND ME

Title of Unit: _____

Date: _____

Length of Unit (# of weeks long): _____

Week: _____

Today's Class Lesson: _____

Resources Needed:

- 1.
- 2.
- 3.

Health and Safety needs:

- 1.
- 2.
- 3.

Objectives and Learning Outcomes:

Attendance

Go over today's lesson

Lesson description

Activity

Wrap up for the day

Transition breakdown

Notes

Title of Unit: _____

Date: _____

Length of Unit (# of weeks long): _____

Week: _____

Today's Class Lesson: _____

Resources Needed:

- 1.
- 2.
- 3.

Health and Safety needs:

- 1.
- 2.
- 3.

Objectives and Learning Outcomes:

Attendance

Go over today's lesson

Lesson description

Activity

Wrap up for the day

Transition breakdown

Notes

SUPPLY LIST BY WEEK

