



# LEARN TOGETHER LOWCOUNTRY CLASS SYLLABUS

Wonderfully Made: All About My Body

Psalm 139

Fall 2023

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AGE RANGE 4-7yo

CLASS TIME & LOCATION 9 am in Room 6

## COURSE DESCRIPTION

The wonders of creation are truly remarkable; among them, the human body stands out as a masterpiece crafted in the very image of God. From the different body systems to how things function and grow, we will discuss many different aspects of our bodies in a fun, age-appropriate way. Join us as we learn about how God made each one of us intentionally and wonderfully.

## EXPECTATIONS AND ACCOMODATIONS



## COURSE OBJECTIVES

Each class will include opening prayer, discussion of Psalm 139 (with perhaps a goal of full memorization), either reading a book or watching a video, and then finishing with a craft or activity. We will stick with a similar class structure throughout the semester so the children know what to expect. My hope is that every child leaves the classroom knowing they are created differently and wonderfully and that they are loved deeply. I also hope that throughout the semester, they can learn fun, lasting facts about their body to foster a love for science and God's awesome creation.

## REQUIRED MATERIALS



## TENTATIVE Course Time Line

WEEK 1 DATE: 9/8

SUPPLIES:

various textured items, foods, scented items

NOTES

TOPIC	OBJECTIVE	BIBLE APP	ACTIVITY
The 5 Senses	Explore our 5 senses and how each one is a special gift.	Psalms 139	

WEEK 2 DATE: 9/15

SUPPLIES:

coloring pages

NOTES

TOPIC	OBJECTIVE	BIBLE APP	ACTIVITY
Body Systems	Explain the importance of how organized God made our body and how each system is valuable for life	Psalms 139	Sing songs, craft TBD

WEEK 3 DATE: 9/22

SUPPLIES:

tooth picks, candy

NOTES

TOPIC	OBJECTIVE	BIBLE APP	ACTIVITY
Cells and DNA	Describe how we are made up of trillions of cells and how DNA is inside our cells which make us US	Psalms 139	build candy dna strands



WEEK 4 DATE: 9/29

SUPPLIES:

water bottles, red and white beads of various sizes to represent different types of blood cells, corn syrup, water

NOTES

TOPIC	OBJECTIVE	BIBLE APP	ACTIVITY
Circulatory System	Discuss the importance of our heart and the movement of blood throughout our bodies	Psalms 139	"blood" sensory bottle

WEEK 5 DATE: 10/13

SUPPLIES:

black construction paper, q-tips, glue, white paint (potential for change of craft)

NOTES

TOPIC	OBJECTIVE	BIBLE APP	ACTIVITY
Skeletal System	Share various facts about bones (strength, shape, sizes, etc)	Psalms 139	create an "x-ray" of our bones

WEEK 6 DATE: 10/20

SUPPLIES:

construction paper, straws, yarn, tape

NOTES

TOPIC	OBJECTIVE	BIBLE APP	ACTIVITY
Muscular System	Talk about the importance of muscles, what types there are, and how important it is to take care of our muscles and bones	Psalms 139	Paper hands with muscles and bones to show movement



WEEK 7 DATE: 10/27

SUPPLIES:

Balloons, straws, plastic 20oz water bottles (top half only), duct tape

NOTES

TOPIC	OBJECTIVE	BIBLE APP	ACTIVITY
Respiratory System	Discuss how air moves through our body why it is important	Psalms 139	Play game about how nerves communicate with brain

WEEK 8 DATE: 11/3

SUPPLIES:

Activity sheet

NOTES

TOPIC	OBJECTIVE	BIBLE APP	ACTIVITY
Nervous System	Introduce the complex	Psalms 139	Play game about how nerves communicate with brain

WEEK 9 DATE: 11/10

SUPPLIES:

clear packing tape, baby powder, make-up brush, dark colored construction paper

NOTES

TOPIC	OBJECTIVE	BIBLE APP	ACTIVITY
Integumentary System	Discuss the importance of skin and the other portions of this system (hair, nails, ect)	Psalms 139	Fingerprint science!



WEEK 10 DATE: 11/17

SUPPLIES:

NOTES

Substitute teacher

TOPIC	OBJECTIVE	BIBLE APP	ACTIVITY
Immune/Lymphatic System	Discuss the importance of our health and proper nutrition to have a strong immune system	Psalms 139	Video, Coloring page, healthy snack options

WEEK 11 DATE: 12/1

SUPPLIES:

Foods easily dissolved when eaten (ex: crackers), Ziploc bags

NOTES

TOPIC	OBJECTIVE	BIBLE APP	ACTIVITY
Digestive system	Introduce and experience first hand how the body breaks down and digests foods	Psalms 139	EATING! Also creating a pretend stomach to watch food get broken down

WEEK 12 DATE: 12/8

SUPPLIES:

TBD

NOTES

This will be a Christmas themed class

TOPIC	OBJECTIVE	BIBLE APP	ACTIVITY
God's Son Jesus becomes a man just like us (but perfect)	Show how amazing it is that God became man and had the same bodies as us	Psalms 139	TBD

