

Survival Skills
Plan, Prepare, know and go!
Fall 2023

Instructor: Mr. Victor Jacob

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Ages: Students ages 8-12

Class: Fridays 1:30-3:30 @ LTL

COURSE DESCRIPTION:

Survival Skills are key to helping a person feel like they can be ready for the challenge of life. A level head, the right gear, and some basic skills will be all you'll need to be ready for what life throws at you. This course will help teach students how to expect the unexpected as they plan outdoor adventures and have some fun doing it. First Aid, map and compass reading, fire building, knife safety, and gear selection, are not only useful outdoors skills, they can and will be useful in everyday situations.

COURSE OBJECTIVES:

1. To teach students the skills needed to successfully survive in the wilderness..

REQUIRED MATERIALS

Items needed will be included in the course. Please be sure to wear closed toed shoes to class. Most classes will be outdoors so Bug repellent and a water bottle are excellent to have handy at every class. Please dress the student in comfortable clothes for sports and for the day's weather.

COURSE EXPECTATIONS:

1. To receive maximum benefit from this course, each student is expected to attend class on a regular and consistent basis. Students need to: (a) arrive to class on time, and (b) be actively involved in class activities
2. Accommodations: I will work with each student to help achieve success in the course and adapt the activities to meet at functioning level. Please let the instructor know ahead of time of any specific needs.

TENTATIVE Course Time Line

Date	Topic	Student Preparation (Before Class)	Parent Follow Up (After Class)
9/8/23 1	Intro & Overview Purpose Social Ice Breaker Games Establish Goals Discuss possible end of class camp out.	Have your student dress for the day's weather. Be ready to discuss why the clothes chosen are appropriate. Have a Water Bottle and Bug Spray handy. Wear close toed shoes.	
9/15/23 2	Learn what the 10 essential items to bring with you outdoors are.	Your student may bring in any item they feel is essential to have with them on an outdoor Adventure. Have a Water Bottle and Bug Spray handy. Wear close toed shoes.	
9/22/23	Knife Safety Begins	Have a Water Bottle and Bug Spray handy. Wear close toed shoes.	Continue speaking about knife safety at home
9/29/23	Continue Knife safety/Begin carving	Have a Water Bottle and Bug Spray handy. Wear close toed shoes.	Continue Soap carving project at home if not finished in class..
10/13/23	Finish Knife Safety and carving.	Have a Water Bottle and Bug Spray handy. Wear close toed shoes.	Finish any carving at home.
10/20/23	Improvised shelters We will talk about the different ways to find and or build shelter	Have a Water Bottle and Bug Spray handy. Wear close toed shoe	

10/27/ 23	<p>Fire Safety and Fire Building</p> <p>We will learn all the safe ways to be safe with fire and the different ways to build a fire and begin learning ways to light fires without matches</p>	<p>Have a Water Bottle and Bug Spray handy. Wear close toed shoes.</p>	
11/3/2 3	<p>Light a fire</p> <p>We will all build and light fires</p>	<p>Have a Water Bottle and Bug Spray handy. Wear close toed shoes.</p>	
11/10/ 23	<p>First Aid begins</p> <p>We will learn the common outdoor conditions and how to treat them</p>	<p>Have a Water Bottle and Bug Spray handy. Wear close toed shoes.</p>	
11/17/ 23	<p>First Aid Continues</p> <p>We will learn the common outdoor conditions and how to treat them</p>	<p>Have a Water Bottle and Bug Spray handy. Wear close toed shoes.</p>	
12/1/2 3	<p>PLan a trip</p> <p>We will plan a hike and campout</p>	<p>Have a Water Bottle and Bug Spray handy. Wear close toed shoes.</p>	
12/8/2 3	<p>End of Class Campout</p> <p>We will hike and campout</p>	<p>Have a Water Bottle and Bug Spray handy. Wear close toed shoes.</p>	